Q1.

Evaluate **one or more** psychological explanations for obesity.

(Total 8 marks)

Q2.

Charlene wants to be skinny like a super-model. She is dieting, eating very few calories. She has tried dieting before but always puts the weight back on afterwards. She thinks about food all the time and rewards herself occasionally by eating a giant pizza with chips.

Explain why Charlene's dieting might not be successful.

(Total 4 marks)